

# Good Morning!

**The following is the story of the man our restaurant is proudly named after:**

## **THE SPIRIT OF SAM STEELE**

Superintendent Sam Steele of the North West Mounted Police was no stranger to action. The big, burly Mountie had helped rid the west of whisky traders, policed the construction of the Canadian Pacific Railway, and averted war between natives and white settlers in British Columbia. At last, as commanding officer at Fort Macleod, married, with three children, he thought he might settle into peaceful retirement.

But the discovery of gold in the Klondike changed that prospect.. Canada needed someone to control the thousands of miners [mostly American] who flooded the Yukon. They also needed someone to hold the territory for Canada. The man for the job was Sam Steele.

Steele arrived in the American port of Skagway, Alaska in February 1898. Skagway was a wide-open town, dominated by a suave killer named Soapy Smith. Smith controlled the saloons and dance halls, where gamblers and prostitutes parted miners from their gold. Steele was determined to keep Smith and his type of corruption out of Canadian territory.

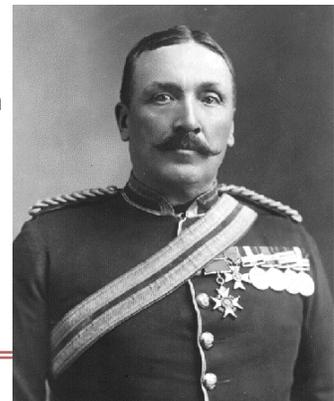
He scaled the passes of the St. Elias Mountain that terrible winter. With parties of Mounted Policemen, he set up border posts flying the Union Jack. The Mounties collected custom duties, confiscated handguns, and arrested men who mistreated their pack animals. It was clear that Steele was in charge. Soapy Smith's desperadoes were met at the border by Winchester rifles and Canadian law.

In the spring, Steele moved down to Lake Bennett, a tent city of more than 10,000 people. Here, prospectors saw two sides of Steele. He was known to lend his own money to men down on their luck, and to write personal letters to the families of those who died in the territory. But he could also be tough. One American caught with marked cards protested that he had rights as a U.S. citizen. Steele confiscated all of his goods and had a Mountie escort him on the 50 km. climb to the border.

Once the ice cleared, Steele and the other stamperders of Lake Bennett rode the wild Yukon River down to Dawson, with many hazards and fatalities on the way. Dawson was a chaotic boomtown of saloons, gambling dens, dance halls and a population of 14,000, including a number of veterans from Soapy Smith's gang. With a force of only 13 men, Steele cleaned up the town. He knew that he could not prevent the gambling and other vices, but he made sure that the games were honest, and he dealt swiftly with those who disturbed the public order. He also formed a board of health that stemmed a raging typhoid epidemic.

Unfortunately, it was political corruption that ended Steele's posting. Politicians in Ottawa wanted their friends to get a share of the Yukon gold, and Steele stood in their way. The crooked minister in charge of the Mounted Police relieved Steele of his command, despite the pleas of the citizenry of Dawson.

When Steele tried to leave quietly in September 1899, the prospectors, gamblers, ragtime piano-players, and dancehall girls of Dawson poured down to the wharf to give Steele "such an ovation and send-off as no man has ever received from the Klondike gold-seekers," in the words of local newspaper. They cheered Sam Steele until his steamboat was out of sight.



All of our Benedict Entrees are served with your choice of rustic or shredded hash browns

One Egg 11.25    Two Egg 14.95    Three Egg 18.95

**Eggs Benedict**

Everyone’s favourite breakfast. A classic with a soft poached egg on a toasted English muffin with back bacon. It is topped with a smooth and creamy hollandaise sauce.

**Eggs Benedict Florentine**

A perfect vegetarian alternative to the classic option. A soft poached egg tops an English muffin with sautéed spinach, tomatoes, and crumbled goat cheese.

A rich and buttery hollandaise sauce is draped over the entire ensemble.

**Heuvos Rancheros Benedict**

Pretend you are south of here. Way south.....

A toasted English muffin topped with avocado and a soft poached egg. Topping all of that is hollandaise sauce accompanied with our house made black bean salsa.

**Steele Street Benedict**

Try this Steele Street favourite version out. A toasted English muffin with black forest ham, grilled tomato, and a soft poached egg. Smothered in hollandaise sauce.

**Yogurt and Granola Parfait**

Mixed yogurt layered with chewy granola containing rolled oats, raisins, sunflower and sesame seeds, coconut, dates, wheat germ, and honey. To make it perfect we add seasonal berries. 9.50

**Fruit and Bran**

Two fresh fruit kabobs with a fresh baked jumbo muffin and your choice of yogurt. 9.95

**Light Breakfast**

Two poached eggs with choice of toast or English muffin. Served with your choice of yogurt, fruit kabob, or 1/2 grapefruit. 9.95

**Hot Cereal**

Hot oatmeal with raisins, brown sugar, and milk. Served with your choice of toast. 8.95

**Cold Cereal**

Your choice of our cold cereal selection: Raisin Bran, Corn Pops, Special “K”, Rice Krispies, All Bran Flakes, Froot Loops, Corn Flakes, or Frosted Flakes. Served with milk and your choice of toast. 8.95

# Eggs

## Traditional Two Egg Breakfast

Two eggs cooked the way you like them with rustic or shredded hash browns, toast, and your choice of ham, bacon, back bacon, or sausage links. 11.95

## Steak and Eggs

Two eggs cooked your way and a six ounce sirloin steak grilled to perfection, rustic or shredded hash browns and your choice of toast. 17.95

## Sam's Sandwich

A better bagel sandwich with black forest ham, scrambled eggs, and Swiss cheese on a toasted bagel. Served with yogurt, fruit kabab or half grapefruit. 11.95

## Breakfast Burrito

The perfect no fuss breakfast with scrambled eggs, peppers, salsa, and cheddar cheese on a tortilla wrap. Served with yogurt, fruit kabob, or grapefruit. 10.95

## Steele Street Omelette ( No substitutions please.)

Eggs, black forest ham, spinach, green onions, and mushrooms - all cooked into an omelette and filled with cheese. Served with rustic or shredded hash browns and your choice of toast. 14.95

### Create Your Own Omelette

Served with rustic or shredded hash browns and toast 8.95

#### Add Cheese 1.50

Cheddar Cheese  
Mozzarella Cheese

#### Premium Cheeses 1.95

Brie Cheese  
Goat Cheese  
Feta Cheese  
Smoked Applewood  
Cheddar

#### Add Vegetables .95

Green Onions  
Red Onions  
Red and Green Peppers  
Mushrooms  
Spinach  
Jalapenos  
Tomatoes

#### Add Meat 2.95

Bacon  
Sausage  
Ham

#### Premium Meats 3.95

Steak  
Turkey

## French Toast

Egg dipped bread. Cooked on the griddle and dusted with icing sugar. Served with butter and syrup. (Sugar free syrup available) 10.95

## Four Pancakes

Fluffy pancakes made fresh and served with your choice of bacon, ham, or sausage links . 11.95

## Pancake Combo

Two pancakes, two eggs your way, hash browns, and your choice of bacon, ham, or sausage links. 13.95

# Sweet

## Side Orders

### **Pancake or French Toast**

Single pancake or French toast. 3.00

### **Protein**

Bacon, ham, sausage links. 3.95 Egg. 3.00

### **Toast**

White, brown, multigrain, marbled rye, sourdough, or English muffin. 2.75  
or gluten free. 3.25

### **Fruit Kabob**

An assortment of fresh fruit, kabob style. 2.95

### **Yogurt (flavours vary daily)**

Peach, blueberry, strawberry, raspberry, or vanilla. 2.95

### **Jumbo Muffin (flavours vary daily)**

Baked daily for freshness. Blueberry, banana, lemon-poppysseed, morning glory  
(carrots, apple, raisins, sunflower seeds), bran or cranberry-orange. 2.95

### **Bagel**

Cinnamon raisin or plain. Served with cream cheese. 4.50

### **Hash Browns**

Crispy and delicious (Rustic or Shredded). 3.25 Add Hollandaise sauce. 4.25

### **Whole Fresh Fruit (inventory varies daily)**

Apple, orange, pear, or banana. 2.00 Half grapefruit. 2.50

### **Coffee or Tetley Orange Pekoe Tea**

Regular or decaffeinated. 2.50

### **Specialty Tea**

Bombay Chai, organic pomegranate and acai berry green tea, earl gray,  
lemon lift, English breakfast, or green tea. 2.75

### **Caffeine Free Tea**

Peppermint, chamomile, cranberry apple, or cinnamon apple. 2.75

### **Hot Chocolate**

Topped with whip cream. 2.95

### **Soft Drinks, Ice Tea, or Lemonade**

Pepsi, Diet Pepsi, 7Up, Gingerale, Brisk lemon ice tea, Brisk lemonade.  
Small 1.95/Large 2.95

### **Fruit Juice, Milk, or Bottled Water**

Orange, cranberry, grapefruit, apple, or tomato juice. 2% or skim milk.  
Small 1.95/Large 3.75. Bottled water. 2.50

## Beverages